Feel more you with the multi-award winning Light Touch Clinic in Weybridge, Surrey.
About

Founded in 2009, the Light Touch Clinic is a multi-award winning cosmetic clinic in Weybridge, Surrey. Led by renowned cosmetic doctor Natalie Blakely, the clinic specialises in anti-ageing medicine, body sculpting and skin health.

We pride ourselves on the highest standards of patient care and ongoing investment in medical training and technology. All new treatments are thoroughly researched before they are introduced to the clinic. Only when we are fully satisfied with the safety and results of a treatment do we offer it to our patients.

Our practice ethos is to provide honest advice alongside offering safe and ethical treatments. A great result begins with a thorough consultation. During your consultation, your practitioner will assess your suitability for treatment and work with you to develop a bespoke treatment plan tailored to your unique goals.
Contents

Wrinkles & Volume..............................................................................................................4

Skin Tightening..................................................................................................................7

Acne & Acne Scarring........................................................................................................8

Body Sculpting..................................................................................................................10

Finishing Touches.............................................................................................................11

Expert Skincare................................................................................................................13

Private GP Practice...........................................................................................................14

Booking Information.......................................................................................................15

Meet The Team................................................................................................................18
Wrinkles & Volume

Improve the appearance of wrinkles and restore lost volume with our gold standard injectables and treatments.

Dermal Filler

Using only the best FDA-approved dermal fillers, our medical practitioners can replenish lost volume for a more youthful profile. Our fillers are made from hyaluronic acid, a substance found naturally in the body and are not permanent. We can use dermal fillers to gently add volume to your lips too.

Botox (Wrinkle-Relaxing)

At the Light Touch Clinic we only use official Botox by Allergan and all of our Botox procedures are only carried out by a cosmetic doctor or a cosmetic nurse. Approved by the FDA, Botox injections can temporarily relax facial muscles to reduce the appearance of lines and wrinkles. We pride ourselves on our natural results.

Sculptra

Sculptra is an injectable treatment made from a biocompatible and biodegradable substance called poly-L-lactic acid. By stimulating the production of your own collagen, Sculptra restores your skin’s natural contours and smooths wrinkles and creases. This is a super subtle treatment as Sculptra delivers a natural, gradual result.
INTRAcel

INTRAcel is a revolutionary treatment which combines radio frequency energy with micro-needling to stimulate the production of collagen and elastin deep within the skin. This results in skin which is firmer and smoother. In addition, it also evens skin tone and boosts luminosity - it’s perfect for those looking to improve their skin quality.

Tixel

Tixel is an exciting new treatment which delivers comparable results to CO2 lasers but with significantly less discomfort and downtime. Tixel uses heat energy to cause micro-injuries to the skin. This in turn triggers a natural repair response from your body, boosting the production of collagen and elastin deep within the skin. This results in firmer, smoother skin with a more even tone.

8 Point Facelift (Liquid Lift)

This is a type of filler injection technique whereby hyaluronic acid is injected to precise points on the face. This results in an amazing lift to the entire face. Please note that the result below is of an 8 point lift combined with ULTRAcel skin tightening.
**Skinboosters**

Our skin quality changes as we age: skin becomes drier and less elastic as collagen and elastic fibres disintegrate. Fortunately, we have a solution in Skinboosters. Using a series of hyaluronic acid micro-injections, Skinboosters gently and naturally smooth the skin from within. This means silky, radiant and hydrated skin for you.

**Aliaxin**

Aliaxin is an ultrapure hyaluronic acid filler which is used for non-invasive contouring and lifting. As well as replenishing hyaluronic acid, Aliaxin stimulates the production of collagen in the skin. Dubbed the ‘skin’s glue’, collagen is a supportive structure which helps keep your skin supple, strong and thick.

**Profhilo**

Neither a mesotherapy treatment or a filler, Profhilo is a bioremodelling treatment which works to cure wrinkles from within than just fill them. With one of the highest concentrations of hyaluronic acid on the market, Profhilo adds weightless volume for a youthful look. In addition, it has a unique lifting and tightening effect to remodel sagging and ageing tissue.
Skin Tightening

Tighten sagging jowls and cheeks for a more defined profile. No need for surgery, we have a range of minimally invasive treatments.

ULTRAcel

ULTRAcel is one of our most popular treatments at the clinic and with results like these it is easy to see why! Combining radio frequency with ultrasound, ULTRAcel tightens the deeper layers of the skin and promotes collagen and elastin production. This results in an instant lift which will continue to improve over the next 3 months.

Silhouette Soft Thread Lifting

Using biodegradable threads with cones along their length, our medical practitioners can lift sagging tissues for a more defined jawline. As well as an instant result, this treatment has a regenerative action as the threads encourage the body to produce more collagen for a lift which lasts well after the threads have been absorbed by the body.

Exilis Elite

Exilis Elite is an FDA-approved treatment which combines radio frequency with ultrasound to reduce skin laxity and wrinkles. By promoting new collagen growth, this treatment plumps and tightens the skin. We can use Exilis Elite to tighten skin on the stomach, arms and thighs too.
Acne & Acne Scarring

Say goodbye the blemishes and hello to clear, glowing skin. Our treatments not only clear up active acne but tackle the scarring it leaves behinds and prevent further lesions.

INTRAcel

Featured in the Mail Online, INTRAcel is an award-winning treatment which combines radio frequency heat energy with micro-needling to tackle the cause of acne: excessive oil production and bacteria on the skin. Boosting the production of collagen, INTRAcel works wonders on scarring too. For the best results we recommend 3 treatments taken 3 to 6 weeks apart.

Obagi Blue Peel RADIANCE

Salicylic acid is the star ingredient in this light to medium depth peel. This Beta Hydroxy Acid and penetrates into the skin to help slough off dead skin cells and control oil, making it ideal for patients with acne. A course of peels is often recommended for the best results.
We are thrilled to welcome Tixel to our line-up of skin quality treatments. Using pure heat energy, Tixel causes mini thermal injuries to the skin which in turn triggers a repair response. This improves acne and also the appearance of acne scarring as it boosts collagen production to fill out indented scars.

Advanced Skincare

Great skincare is key to keeping acne at bay and maintaining skin health. With so many different products out there, it can be hard to know what works and what doesn’t. Using only the best, proven cosmeceutical grade and prescription skincare, our experts can put together a skincare regime to keep oil production under control. To learn more, please book a skincare consultation with one of our experts.
Body Sculpting

Reduce stubborn cellulite and fat for good with our award-winning non-invasive body contouring treatments.

**CoolSculpting**

CoolSculpting is the #1 non-surgical fat reduction treatment in the world with millions of treatments performed across the globe. It is also the only fat-freezing treatment with FDA-approval. Using controlled cooling, our experts can use CoolSculpting to remove stubborn fat for good from all over the body including: stomach, love handles, back, bra fat, double chins,

![CoolSculpting Images]

**Exilis Elite**

Approved by the FDA, Exilis Elite uses a combination of ultrasound and radio frequency to tighten loose skin and improve the appearance of cellulite. We can use Exilis Elite to treat skin all over the body, popular areas include thighs, tummy and buttocks.

**Vanquish**

Vanquish uses radio frequency heat energy to reduce stubborn fat for good. In particular this treatment is effective for reducing overall thigh or stomach circumference. We find that this treatment is particularly popular with our larger patients who need some motivation to kick-start a healthier lifestyle.
Finishing Touches

From removing unwanted hair and treating fungal nails through to relaxing facial and phototherapy, our finishing touches will leave you feeling fab from head to toe!

Red Vein Removal

Using a process called thermocoagulation, short wave diathermy erases unwanted veins from the face and neck. The results of the treatment are instantaneous and you will see a significant difference after just one session.

Soprano Ice Laser Hair Removal

This is an award-winning treatment which reduces unwanted hair on the body and face. The in-motion laser combined with its unique cooling tip makes Soprano Ice a more comfortable treatment than IPL hair removal. In addition, we can use Soprano Ice on all skin tones, including dark and sun-tanned skin.

Dermalux

This multi-award winning treatment uses blue, red and near infrared LED light to improve skin tone, boost luminosity and tackle wrinkles. It’s a very relaxing treatment which can be used as a one-off treatment for a boost before an event or taken as a course for maximum results.
Facials

Marrying expert skincare with massage, our indulgent facials refresh and revitalise your skin. We have two facials the Obagi Signature Facial and the ZENii Deluxe City Recovery Facial. Our facials are fab before a big event or taken monthly to keep the skin healthy.

Lunula Laser

The Lunula Laser is cold laser treatment which treats fungal nail infections and strengthens weakened nails. Unlike thermal lasers which destroy fungal spores using heat alone, the Lunula Laser uses photochemistry. This makes it a pain-free and speedy treatment.

Excessive Sweating (Hyperhidrosis)

Excessive sweating affects around 1% of the population and can be a stressful condition. We can use small injection of Botox to disable the apocrine glands to stop them from producing and secreting sweat from the body. This simple treatment can be truly life changing! We can treat the forehead, hairline and armpits.
Expert Skincare

Underwhelmed with high-street skincare? Remove the guesswork and come in for a skincare consultation to find out how our results-driven cosmeceutical and prescription skincare can help you.

At the Light Touch Clinic we have very carefully selected the very best anti-ageing skincare ranges from around the globe. In our skincare boutique you will find award-winning skincare from the very best names in dermatology such as ZO, ZENii, Dr Levy and Obagi.

In addition, we also stock a range of high quality supplements and vitamins by ZENii and Solgar.
Private GP Practice

We are delighted to offer private GP services at our award-winning clinic in Weybridge, Surrey.

Dr Cherry Armstrong has been practising as a general practitioner for 15 years and has a special interest in woman’s health, dermatology and minor surgery. Dr Cherry is available for:

• General GP consultations
• Dermatology consultations
• Contraception consultations
• Fitting of long-acting contraceptive devices
• Removal of skin tags, moles, milia, cysts and other lumps
• Skin Biopsies

All GP Consultations cost £100 but this is redeemable against treatment.

We do not accept private insurance but can provide you with a receipt which you can pass on to your provider.

As there are no catchment areas and no need to register, we welcome patients from abroad too.

Dr Cherry Armstrong
BSc Hons (Pharmacology), MBBS (London), DCH, DFFP, MRCGP (merit), DPD (Dermatology)
Booking Information

For all bookings and enquiries, please call the clinic on 01932 849552 or send an email to info@lighttouchclinic.co.uk.

All new patients are required to pay a booking fee prior to their appointment. This can be paid in person at the clinic, over the phone or by bank transfer.

• Consultations with a medical aesthetician: £25 and redeemable against treatment.
• Consultations with a medical practitioner: £50 and redeemable against treatment
• GP consultations: £100 and redeemable against treatment.
• Bio-Identical Hormones: £300.

Cancellation Policy

Please provide at least 24 hours’ notice if you need to cancel or rearrange an appointment. If shorter notice is given or an appointment is not attended and a consultation fee has been paid, the fee will be forfeited.

Privacy Policy

At the Light Touch Clinic, we take data protection very seriously. You can view our privacy policy online (http://www.lighttouchclinic.co.uk/privacy-policy/) or contact the clinic and we can send you a copy to read.

Chaperone Policy

A chaperone is a person who can accompany you and give you additional support and comfort during your consultation or treatment. A chaperone may be a staff member or a family member (or both if you prefer). You are entitled to have a chaperone present for any procedure or examination.

If you would like a chaperone, please speak with your practitioner.
Getting Here

Directions
Weybridge is located just off Junction 11 of the M25, or the Cobham exit of the A3. Follow the signposts to Weybridge town centre. The Light Touch Clinic is located next to Surrey Brides. Our postcode is KT13 8DS.

By Train
Weybridge Station is about 30 minutes away from London Waterloo. The clinic is a 20 minute walk down Heath Road (B374) or a short taxi drive away. There is a taxi rank outside the station.

Opening Times

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>9am - 5.30pm</td>
</tr>
<tr>
<td>Tuesday</td>
<td>9am - 5.30pm</td>
</tr>
<tr>
<td>Wednesday</td>
<td>9am - 7pm</td>
</tr>
<tr>
<td>Thursday</td>
<td>9am - 7pm</td>
</tr>
<tr>
<td>Friday</td>
<td>9am - 5.30pm</td>
</tr>
<tr>
<td>Saturday</td>
<td>9am - 5.30pm</td>
</tr>
<tr>
<td>Sunday</td>
<td>Closed</td>
</tr>
</tbody>
</table>

* Please note that individual practitioner working hours may vary

Accessibility
It is important that our patients fully understand the consultation and treatment process. If you would like a copy of your consent form in large print or another language, please speak with a member of the Reception team.

Please note, translation services may take time to organise, so please let us know in advance of your appointment so that we can arrange this.
Reviews

I came into the clinic with absolutely no self-esteem, sad and upset. I would not have believed that a few hours later I would be leaving the clinic not only feeling happy about myself once again but also relieved that someone had listened to me and then offered me various options with no pressure whatsoever.

The clinic and all the staff that I have encountered are extremely professional and well informed. They spend lots of time and listen carefully to what I want and I would trust their practice completely.

I first visited Dr Blakely in Guildford and later transferred to her new Weybridge clinic. Dr Blakely and her team of staff are brilliant. At each consultation I am listened to and following assessment, the treatment deemed appropriate is discussed fully, agreed and undertaken - the results are natural.

Accolades

Highly Commended for Best Customer Experience South England & Wales
*My Face My Body Awards (2016)*

Highly Commended for Best Practice Website South England, London & Wales
*My Face My Body Awards (2016)*

Highly Commended for Best Clinic
*My Face My Body Awards (2015)*

Highly Commended for Best Customer Experience
*My Face My Body Awards (2015)*

Winner of Best Non-Surgical Makeover
*My Face My Body Awards (2015)*

Dr Natalie Blakely - Rising Star Award
*Aesthetic Awards (2012 - 2013)*
Meet The Team

**Dr Natalie Blakely**
MBBS, BA Hons, mBCAM, GMC Registered

Natalie is a multi-award winning cosmetic doctor and the Medical Director of the Light Touch Clinic. She was named Best for Botox & Filler in the Tatler Beauty Guide.

**Janine Scott RGN**
MBACN

Dubbed a ‘leading light’ in the nursing industry by Tatler, Janine excels in all aspects of facial rejuvenation and leads our CoolSculpting team.

**Melissa French**
BTEC Level 3

Passionate about delivering 5* service and delivering confidence-boosting results, Melissa is our medical aesthetician and CoolSculpting expert.

**Dr Johanna Ward**
MBBS, DRCOG, MRCGP, DPD

Award-winning cosmetic doctor and founder of ZENii Skincare, Johanna is passionate about anti-ageing and skin health.

**Dr Cherry Armstrong**
BSc Hons, MBBS, DCH, DFFP, MRCGP, DPD

Cherry has been a GP for over 15 years and specialises in women’s health, dermatology and minor surgery. She is also a cosmetic doctor for over 10 years.